May 17, 2018



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

Tobacco Free Generation Campus Initiative



ACS accepting grant applictions for tobacco-free college campuses

The American Cancer Society has launched the fourth request for applications to provide grants to accelerate and expand the adoption and implementation of 100% smoke- and tobacco-free policies on college and university campuses across the nation.

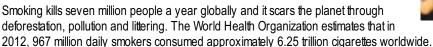
In addition to grants, awardees will receive technical assistance throughout the policy planning and implementation process through webinars, online resources and one-on-one consultations with the Tobacco Free Generation Campus Initiative Field Specialists. This initiative is being generously supported by the CVS Health Foundation as part of their #BeTheFirst campaign, a five-year, \$50 million commitment to deliver the first tobacco-free generation.

The application deadline is Wednesday, August 15, 2018 by 5pm ET. A letter of intent to apply must be sent to tfgci@cancer.org by Friday, June 1, 2018.

Smoke Free Signals can offer free proposal development support. Contact us here.

Tobacco in the News

Commercial tobacco not only produces lung cancer in people, but it is a cancer to the lungs of the earth





Trillions of cigarette butts filled with toxic chemicals from tobacco smoke make their way into the global environment as discarded waste annually. The rest end up in landfills adding to the cocktail of chemicals cooking under pressure there. This waste is laced with chemicals, including arsenic and heavy metals, which can end up in the water supply. Cigarette butts decompose but are not biodegradable.

From growing the crop to packaging the cigarettes, producing tobacco utilizes very substantial resources, releasing harmful chemicals in the soil and waterways, as well as significant amounts of greenhouse gases. Moreover, waste from tobacco production and packaging is the biggest component by count of litter worldwide.

"That means about 6,000 metric tons of formaldehyde and 47,000 metric tons of nicotine are released into the environment annually," Dr Peruga noted.

Tobacco smoke contains about 4,000 chemicals, at least 250 of which are known to be harmful to our health. It also contains climate-warming carbon dioxide, methane and nitrous oxides. The combination of greenhouse gases from combustion is equivalent to about 1.5 million vehicles driven annually.

Secondhand smoke is particularly deadly as it contains **twice as much nicotine and 147 times more ammonia** than mainstream smoke, leading to close to one million deaths annually.

<u>The study</u> notes that some of these pollutants remain in the natural world (and our homes) as 'thirdhand smoke', accumulating in dust and surfaces indoors, and in landfills. Nicotine even resists treatment, polluting waterways and potentially contaminating water used for consumption.

Read the full article here.

Bridge to Success Summer Program

SIPI offers FREE summer college prep courses

The <u>SIPI Bridge to Success Summer Program</u> is designed for incoming freshman students to help transition from high school to a college setting. The primary focus of the program is to give the students a taste of college life while strengthening their math and English skills.



Participants will take intensive math and English refresher courses, interact with other incoming freshmen, learn college survival skills and how to address issues such as financial aid, and career and degree planning. Most importantly, the SIPI Bridge to Success Summer Program begins the development of a sense of community for the participants.

Click on the links below to explore the two Summer Bridge opportunities available for you this year!

Residential Summer Bridge Program: Monday, July 9, 2018, through Friday, August 10, 2018

- For recent high school graduates
- 18 to 20 years old
- 5-week long program

Non-Residential Summer Bridge Program: Monday, June 4, 2018, through Friday, July 27, 2018

- For commuter students
- 21 years old or older
- 8-week long evening program

Questions? Need more information? Contact summerbridge@mail.sipi.edu or call Dr. Eva Rivera at 505-922-6551 or 505-346-2360.

The application deadline is TOMORROW, Friday, May 17, 2018.

Event Calendar

Save a Life Children's Contest & Sobriety Pow-

Wow Hosted by Local Collaborative 16 (Sandoval County Tribal Consortium) and the Sandoval County DWI & Prevention Program

When: Sunday, May 27, 2018 Where: Tamaya Wellness Center

225 Ranchitos Rd., Pueblo of Santa Ana, NM 87004

NO ADMISSION FEE. BRING YOUR OWN CHAIRS.

Schedule

11am to 2pm	Gourd Dance
2pm to 3pm	Supper Break
3pm	Grand Entry/Registration Closes
3pm to 9 pm	Pow-Wow
9pm	Closing Song

Committee Contests

Tiny Tot Exhibition Junior Contest (7-12) Teen Contest (13-17) Drum Contest (combined)

Head Staff Special Contests

Head Man: 18 & Over Grass Dance Head Lady: Siblings Team Dance (all ages) Head Boy: 17 & Under Boys Northern Traditional

Head Girl: Junior Girls Jingle

This is a drug and alcohol free event.



What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters here. Sign up to receive future newsletters here.

Smoke Free Signals | 505-837-2104 | smokefreesignals@gmail.com| www.SmokeFreeSignals.com

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